Holiday Safety

Instructor: **THE CLASS**

Facilitator:

Holiday Safety

The Holiday season is a time to celebrate with family and friends and to give thanks for our good fortunes. Unfortunately, the Holidays can also be a time when mishaps can and often occur. This briefing was put together to decrease your chances of being involved in a mishap.

Holiday Safety

- Holiday Decorations:

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- Holiday Decorations:
  - Use UL listed decorations.
  - Always inspect cords for fraying and loose connection.
  - Do not use indoor extension cords outside
  - Use grounded extension cords.
  - Use proper elevation devices. (don’t use a chair when a ladder is needed)
  - Do not use real candles on the tree.
  - If you use a real tree keep the water re-supplied and check the tree for dryness.
  - Place candles away from curtains or other flammables
  - Unplug your decorations/lights when you go to bed
  - Keep fire extinguisher handy

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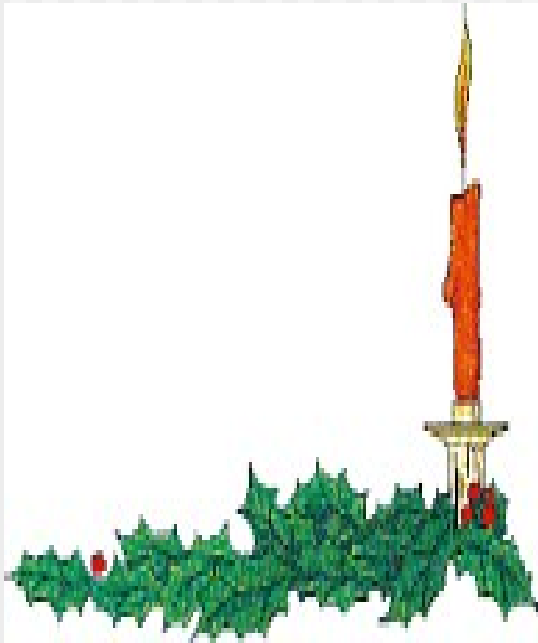
- Holiday Decorations: (Cont)
  - Poisonous decorative plants. Poinsettias, Holly, Mistletoe (pet and child Hazard)
  - Keep decorations out of the reach of small children



Holiday Safety

Holiday Cooking

Holiday Safety

- Holiday Cooking
  - Turn handles on pots and pans inward on stove.
  - Test your fire detectors monthly.
  - Do not leave cooking unattended.
  - Do not overeat. Too much turkey can cause you to sleep thru the football games.
  - Do not leave foods that require refrigeration out for too long of a period (spoiled foods).

Twas the night before Christmas.....

Have you checked your Smoke

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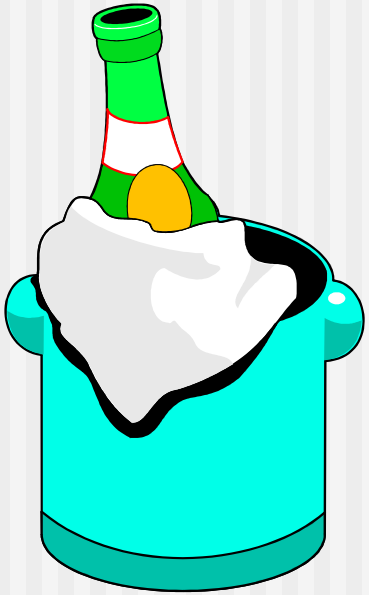
- Celebrations



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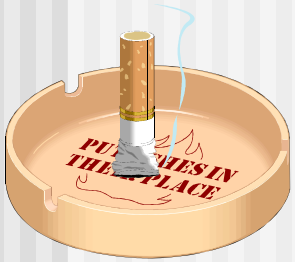
- Celebrations
  - Take your role as host seriously.
  - Ensure Designated Drivers are available.
  - Offer a place to stay.
  - Provide plenty of food so the guest will not drink as much.
  - Don’t push drinks.
  - Use caution for smokers and loose ashes.
  - Ladies WATCH YOUR DRINKS!
  - Avoid celebrations that include illegal substances.



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- Cold Weather Injuries and Winter Driving

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- Water Safety
  - For those of you headed to warmer climates

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- Water Safety
  - Heed the warning signs placed on the beaches.
  - Always use the buddy system when swimming, diving surfing or kayaking.
  - Keep your eye on small children. Do not let them play alone in the water.
  - Don’t drink alcohol before swimming.
  - Check for obstacles (submerged rocks or shallow water) before you dive into unknown waters.
  - Only SCUBA with certified divers. Do not attempt to dive if you are not certified unless you are undergoing training and are accompanied by an instructor. Use only approved equipment.

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- Personal Protection

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- Personal Protection
  - Shopping
    - Shop with a friend or family. There is safety in numbers.
    - Be alert, stay in well light areas
    - If you carry a purse, keep it in front of your body and close to you.
    - Carry your keys in your pocket. If they get your purse they might have your address but not the keys to your house and car.
    - Dress casually: Thieves and pickpockets are attracted to expensive clothes and jewelry.
    - Don’t flash large amounts of cash.
    - Lock your car and don’t leave anything in plain sight.
    - Avoid parking next to vans where thieves can hide.
    - Check your car for invited guest prior to getting in.
    - Don’t over burden yourself with packages
  - Beach
    - Many of the same tips as above.

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- **TOY BUYING SAFETY**
  - Select Toys to suit age, abilities, skills & the child's interest
  - For infants & toddlers avoid toys with small parts (choking)
  - Don't buy electric toys with heating elements for kids under 8
  - Read the label and use the age guidelines for that toy
  - Look for sturdy construction and tightly secured small parts
  - Discard plastic wrappings immediately (suffocation hazard)
  - Call CSPC hotline 800-638-2772 to report dangerous toys
  - Check CSPC recall list on the internet http://www.cpsc.gov

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- **TOY BUYING SAFETY**

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- Travel Considerations

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- Travel Considerations
  - Expect increase security at the airports. (allow more time)
  - Have a picture ID ready. (avoid using Military ID overseas)
  - Don’t leave bags unattended or carry one for strangers.
  - Keep carry-on luggage light & store under the seat in front of you.
  - Watch for heavy items stored over your head.
  - Pack any medicines or dietary needs in your carry-on bag.
  - Dress for the climate you are going to.
  - Wear loose fitting natural fiber clothes, avoid synthetics.
  - Wear long pants & sleeves and low healed leather or tennis shoes.

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- Travel Considerations (Cont)
  - Listen to your pre-flight safety briefing.
  - Read the safety data card in the seat pocket to your front.
  - Know where the emergency exits are from your seat. (count rows)
  - Wear your seatbelt and keep it on even if the light is out.

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Have a Merry Christmas and Joyous New Year